



MINISTRY OF  
EDUCATION  
AND SCIENCE  
OF UKRAINE



MINISTRY OF  
YOUTH AND  
SPORT OF  
UKRAINE



NATIONAL  
OLYMPIC  
COMMITTEE OF  
UKRAINE



NATIONAL  
UNIVERSITY  
OF UKRAINE  
ON PHYSICAL  
EDUCATION AND  
SPORT

# XIV INTERNATIONAL CONFERENCE OF YOUNG SCIENTISTS «YOUTH AND THE OLYMPIC MOVEMENT»

**Under Patronage of**  
*National Olympic Committee of Ukraine*

## PROGRAM

May 19-20, 2021  
Kyiv, Ukraine



## GREETING

## from President of the International Olympic Committee

Dear friends,

Inspiring the young generation with sport and Olympism was central to the vision of Pierre de Coubertin when he revived the Olympic Games 127 years ago. As an educator, he always emphasised the role of education through sport.

The IOC mission has always been faithful to this principle: helping young people around the world to connect and embody the values of friendship, excellence and respect. Through Olympic Agenda 2020+5, the Olympic Movement strategic roadmap, engaging with young people is more than ever an overarching priority of the IOC and the entire Olympic Movement.

With the theme “Youth and the Olympic Movement”, this Annual Conference will be once again an excellent platform for exchanging views and the latest research on a broad range of sport and Olympic topics from Olympic education to sport for all, from training trends to sports medicine.

My thanks go to the National University of Ukraine on Physical Education and Sport for continuing to explore the intrinsic connection between sport and education, thereby ensuring that that our shared mission continues to resonate with the youth of today. I also would like to thank the National Olympic Committee of Ukraine, under the great leadership of my colleague and friend, Sergey Bubka, for promoting and keeping the Olympic spirit alive in the hearts of the people, in particular among the young generation in Ukraine and beyond.

As we have seen over the past year and months, our shared Olympic values have never been more relevant in our society.

In this Olympic spirit, I wish you fruitful discussions and a successful Conference.



Thomas BACH

## GREETING

## from Minister of Education and Science of Ukraine

On behalf of the Ministry of Education and Science of Ukraine I am glad to welcome the participants of the XIV International Conference of Young Scientists “Youth and the Olympic Movement”.

Due to quarantine restrictions caused by the COVID-19 pandemic, the traditional annual forum will take place online. However, this will not prevent experts from around the world from discussing current issues of sports science, i.e. legal,

organizational, social, ecological, medical-biological and economic aspects of modern sports, Olympic education; current issues of modern sports training; best practices and innovations of modern sports medicine; physical therapy and occupational therapy; theory and practice of sport for all.

I am convinced that the numerous reports at this forum, the exchange of views during creative discussions among young scientists, the conclusions and recommendations that will be formulated during their decisions, will help to effectively implement the achievements of world sports science in practice.

I sincerely wish the participants of the international health forum further inspiration in their work, great achievements in scientific, educational and sports activities aimed at the development of physical culture and sports. I hope that the creative traditions started during the previous international conferences of young scientists “Youth and the Olympic Movement” in Kyiv will be preserved and will receive a new impetus for further development.



Serhiy SHKARLET



## GREETINGS

### from Minister of Ukraine on Youth and Sport

*Greetings to the participants of the XIV International Conference of Young Scientists "Youth and the Olympic Movement", which will be held online this year.*

*The COVID-19 pandemic has demonstrated that sport is an extremely important factor in building up society. Given today's challenges, it is very important to find ways to overcome difficulties by combining knowledge, efforts and exchanging experience among specialists and states.*

*It is gratifying to note that in the program of the conference an important place is occupied by scientific areas that influence the formation of youth policy, its implementation in Olympic sports, physical education and sports for all. First of all, these are topical issues of sports training, particularly issues of best sport practice and innovation of sports medicine, physical therapy and occupational therapy, etc., as well as legal, organizational, environmental and*

*medical-biological aspects of modern sports.*

*Taking this opportunity, I sincerely wish the participants of the scientific forum a fruitful exchange of experience and results of research as well as enriching traditions.*

Vadym HUTSAIT



## GREETINGS

### from President of the National Olympic Committee of Ukraine

*On behalf of the Olympic family of Ukraine and myself, I would like to sincerely greet the participants and organizers of the XIV International Conference of Young Scientists "Youth and the Olympic Movement".*

*The global pandemic has made adjustments in all spheres of life, and today, as never before, sport is playing a huge role in the lives of each of us, supporting global recovery efforts. After a long period of quarantine, many people, including young people, have got the opportunity to realize once again the importance of sports, exercise, from simple exercise at home or joining an online workout, jogging or cycling.*

*In the international Olympic movement, much attention is paid to the involvement of young people in sports and educational programs for the younger generation. In particular, it is the launch of the youth Olympic Games, integration of new, interesting for young people disciplines into the program of the Olympic Games, as well as a hard work in the process of digitalization, increasing the importance of digital technologies and much more.*

*In its activities, the National Olympic Committee of Ukraine directs many programs and projects primarily to young people, involving the younger generation as direct participants, volunteers, and sometimes even in the role of organizers of Olympic Day and Olympic lesson, "DolikeOlympians" and "OlympicLab" events, as well as "Olympic baby stork" and "Heroes of the sports year" and many others.*

*I am convinced that holding a scientific forum, which is designed to address many pressing issues of sports science, is extremely necessary, and its results will form new ideas and views, initiatives and proposals to move forward.*

*I sincerely wish the conference participants productive discussion, constructive solutions, new ideas, creative inspiration and inspiration!*

Serhii BUBKA

## GREETINGS

### from the President of European University Sports Association

On behalf of European University Sports Association,  
I kindly greet the participants and guests of the XIV International Conference of Young Scientists "Youth and the Olympic Movement".

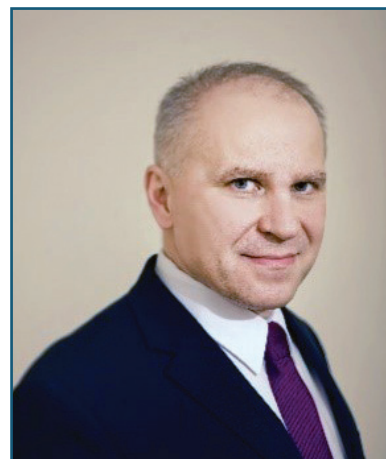
Despite the huge number of problems that have arisen due to the COVID-19 pandemic in the system of higher education and university sports, the National University of Ukraine on Physical Education and Sport has found an opportunity for this scientific forum to take place.

It is extremely important that cooperation which started several years ago between European University Sports Association and the University continues till now.

I am pleased to note that scientific directions of the conference largely coincide with the interests and areas of European University Sports Association's practice, whose activities are aimed at strengthening motivational resources in the student community for promoting a healthy lifestyle, physical education and sports among students in Europe and around the world.

I am convinced that the experience exchange among colleagues as well as scientific discussions will be active and productive at this conference.

I thank the Rector and the conference organizers for their constant hard work on the development of sports and I wish all the speakers and participants to have fun during the event.



Adam Roczek

Adam ROCZEK

## GREETINGS

### from the President of the Polish Olympic Committee

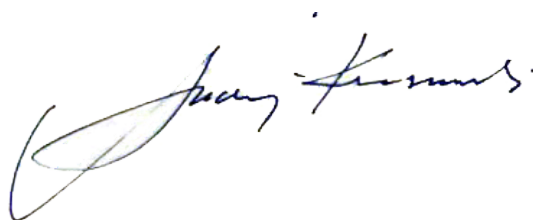
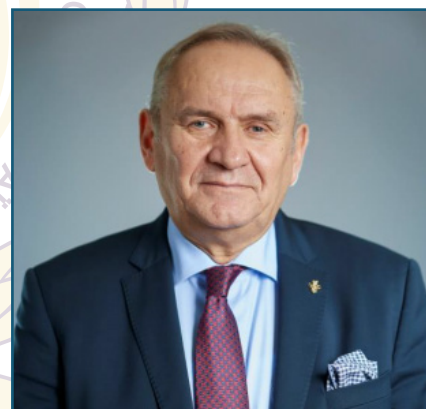
Dear Rector Evgenii Imas,  
Dear Ladies and Gentlemen!

On Behalf of the Polish Olympic Committee and me personally,  
I would like to welcome the participants of XIV International Conference of Young Scientists "Youth and the Olympic Movement".  
I am honoured to be invited to this great event.

This is an excellent opportunity for the international sports movement to unite efforts and find practical solutions to the challenges, sport has recently faced. People connected to sport know very well, that every step and every minute matters. That's why it is important to be aware of the current situation, anticipate and prevent problems. The constellation of scientists and experts in various fields make this event very valuable.

It is a great honour for the Polish Olympic Committee to be invited to this conference! I would like to take this opportunity and thank Mr Rector for this invitation. The Polish Olympic Committee will participate in this event as an observer, however, next time we will be more involved.

I wish the participants fruitful work, good ideas and constructive solutions for the greater good of the international sports movement.



Andrzej Krasnicki

Andrzej KRASNICKI

## GREETINGS

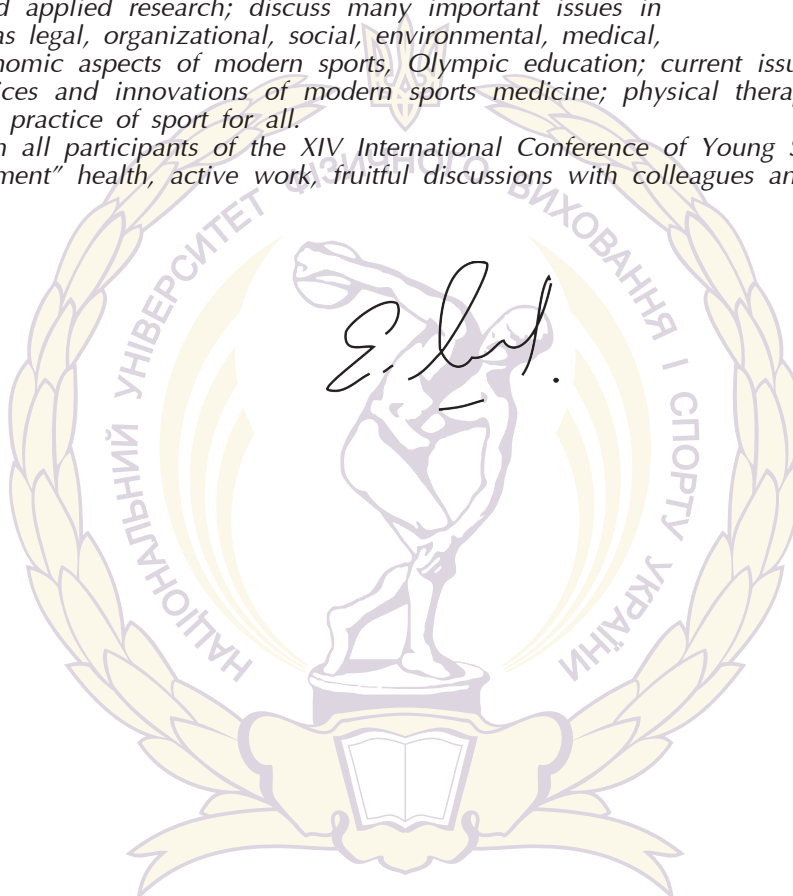
### from the Rector of the National University of Ukraine on Physical Education and Sport

*On behalf of the Rector's Office, the Academic Council of our University and me personally, I would like to greet the participants and guests of the International Conference of Young Scientists "Youth and the Olympic Movement", which is traditionally held (for the fourteenth time this year) in May at the National University of Ukraine on Physical Education and Sport.*

*This year, the participants of the current forum are again deprived of the opportunity to communicate in person in the halls of the university due to quarantine restrictions; however, representatives of the scientific sports community have the opportunity to conduct creative discussions online.*

*Scientists, organizers of the Olympic movement, teachers, coaches, young researchers and other experts from different countries will share the results of basic and applied research; discuss many important issues in such topical areas as legal, organizational, social, environmental, medical, biological and economic aspects of modern sports, Olympic education; current issues of modern sports training; best practices and innovations of modern sports medicine; physical therapy and occupational therapy; theory and practice of sport for all.*

*I sincerely wish all participants of the XIV International Conference of Young Scientists "Youth and the Olympic Movement" health, active work, fruitful discussions with colleagues and new achievements in research.*



Yevheniy IMAS

# MAY 19, 2021

10<sup>00</sup>–10<sup>30</sup> **OFFICIAL OPENING CEREMONY. OFFICIAL GREETINGS**

## PLENARY SESSION

- 10<sup>30</sup>–11<sup>00</sup> **Imas, Ye. V.** (Ukraine)  
END-TO-END EDUCATION AS A VECTOR OF DEVELOPMENT FOR MODERN HIGHER EDUCATIONAL INSTITUTION OF A SPORTS PROFILE
- 11<sup>00</sup>–11<sup>30</sup> **Roczek, Adam** (Poland)  
UNIVERSITY SPORT - THE GATEWAY TO THE OLYMPICS
- 11<sup>30</sup>–12<sup>00</sup> **Bulatova, M. M.** (Ukraine)  
CULTURAL ROOTS OF OLYMPISM IN UKRAINE

## PLENARY SESSIONS BY AREAS

13<sup>00</sup>–15<sup>10</sup> **LEGAL, ORGANIZATIONAL, SOCIAL, ENVIRONMENTAL AND ECONOMIC ASPECTS OF MODERN SPORT**

**Moderators: Imas, Ye. V.** (Ukraine), **Borysova, O. V.** (Ukraine)

- 13<sup>00</sup>–13<sup>10</sup> **Yarmoliuk, O. V., Shi Shengwen** (Ukraine)  
SUSTAINABLE MANAGEMENT FOR BEIJING 2022 WINTER OLYMPICS
- 13<sup>10</sup>–13<sup>20</sup> **Bezmylov, M. M.** (Ukraine)  
ORGANIZATIONAL BASIS OF CENTRALIZED PREPARATION FOR NATIONAL TEAMS RESERVE IN GAME SPORTS (ON THE EXAMPLE OF BASKETBALL)
- 13<sup>20</sup>–13<sup>30</sup> **Krasnianskyi, K. V.** (Ukraine)  
ORGANIZATIONAL PRINCIPLES OF CONDUCTING COMPREHENSIVE COMPETITIONS IN NON-OLYMPIC SPORTS
- 13<sup>30</sup>–13<sup>40</sup> **Shi Shengying** (China)  
TRAINING CENTRES IN THE SYSTEM OF PROFESSIONAL TENNIS PLAYERS' TRAINING
- 13<sup>40</sup>–13<sup>50</sup> **Lourens Millard, Ina Shaw, Gerrit Jan Breukelman, Brandon S. Shaw** (South Africa)  
DIFFERENCES IN VISIO-SPATIAL EXPERTISE BETWEEN 1ST DIVISION RUGBY PLAYERS AND NON-ATHLETES
- 13<sup>50</sup>–14<sup>00</sup> **Himenes, Kh. R.** (Ukraine)  
ACHIEVEMENT OF MODERN PROFESSIONAL GAME SPORTS LEAGUES IN THE VIRTUAL ENVIRONMENT
- 14<sup>00</sup>–14<sup>10</sup> **Neroda, N. V.** (Ukraine)  
A COMPREHENSIVE APPROACH TO THE ANALYSIS OF THE OLYMPIC MOVEMENT PERIODIZATION
- 14<sup>10</sup>–14<sup>20</sup> **Krushynska, N. M.** (Ukraine)  
SOCIALIZATION OF EX-COMBATANTS BY MEANS OF SPORT IN UKRAINE AND THE WORLD
- 14<sup>20</sup>–14<sup>30</sup> **Luf, I. A.** (Ukraine)  
TACTICAL TRAINING IN CYBERSPORT
- 14<sup>30</sup>–14<sup>40</sup> **Shytikova, Ye. A.** (Ukraine)  
FACTORS FOR QUALITY ORGANIZATION OF INCLUSIVE TRAINING IN SHIP MODELLING SPORT
- 14<sup>40</sup>–14<sup>50</sup> **Stepaniuk, O. V.** (Ukraine)  
REGULATORY AND LEGAL SUPPORT OF VOLUNTEER ACTIVITY IN PHYSICAL CULTURE AND SPORTS
- 14<sup>50</sup>–15<sup>00</sup> **Discussion of reports**

13<sup>00</sup>–15<sup>10</sup> **OLYMPIC EDUCATION: SOCIO-PHILOSOPHICAL, HISTORICAL, PSYCHOLOGICAL AND PEDAGOGICAL ASPECTS**

**Moderators: Bulatova, M. M.** (Ukraine), **Yermolova, V. M.** (Ukraine), **Radchenko, L. O.** (Ukraine)

- 13<sup>00</sup>–13<sup>10</sup> **Benu Gupta** (India)  
THE ROLE OF OLYMPIC EDUCATION IN THE MODERN EDUCATIONAL SYSTEM AND COVID ERA
- 13<sup>10</sup>–13<sup>20</sup> **Radchenko, L. O.** (Ukraine)  
HISTORICAL AND ORGANIZATIONAL FUNDAMENTALS OF CULTURAL AND EDUCATIONAL COMPONENT OF THE MODERN OLYMPIC MOVEMENT

- 13<sup>20</sup>–13<sup>30</sup> **Pedererij, V. V.** (Ukraine)  
FIGURES OF GLORIOUS ATHLETES AS A FACTOR IN THE MODERN WORLD VIEW FORMATION AMONG YOUTH
- 13<sup>30</sup>–13<sup>40</sup> **Yakauleva Y.** (Belarus)  
SPORT DIPLOMACY THROUGH THE CONTEMPORARY VIEW
- 13<sup>40</sup>–13<sup>50</sup> **Halan, Ya. P.** (Ukraine)  
INNOVATIVE FORMS OF OLYMPIC EDUCATION IN MODERN SCHOOL
- 13<sup>50</sup>–14<sup>00</sup> **Ivanenko, H. O.** (Ukraine)  
ORGANIZATIONAL AND METHODOLOGICAL PRINCIPLES OF OLYMPIC EDUCATION INTEGRATION IN EDUCATIONAL PROCESS OF STUDENT YOUTH
- 14<sup>00</sup>–14<sup>10</sup> **Kharlovych, V. D.** (Belarus)  
INTERCONNECTION OF COGNITIVE SPHERE OF THE ATHLETE'S PERSONALITY AND THE SUCCESS OF THEIR COMPETITIVE ACTIVITY
- 14<sup>10</sup>–14<sup>20</sup> **Taran, L. M., Ohanov, K. A.** (Ukraine)  
REFORMING THE OLYMPIC MOVEMENT IN ACCORDANCE WITH THE RECOMMENDATIONS OF «THE 2020 OLYMPIC AGENDA» PROGRAM
- 14<sup>20</sup>–14<sup>30</sup> **Nesterenko, O.-R. B.** (Belarus)  
TAEKWONDO OLYMPIC WAY: EFFICIENCY AND EFFECTIVENESS
- 14<sup>30</sup>–14<sup>40</sup> **Iliukhina, K. O.** (Ukraine)  
SPORT DEVELOPMENT ON UKRAINIAN TERRITORY DURING THE NAZI OCCUPATION (1941-1944)
- 14<sup>40</sup>–14<sup>50</sup> **Studinik, O. S.** (Ukraine)  
SOCIAL ADAPTATION OF FORCED DISPLACED PERSONS BY MEANS OF FOOTBALL
- 14<sup>50</sup>–15<sup>00</sup> **Discussion of reports**
- 13<sup>00</sup>–15<sup>10</sup> **CURRENT ISSUES OF MODERN SPORTS TRAINING**
- Moderators: Pavlenko, Yu. O.** (Ukraine), **Kozlova, O. K.** (Ukraine), **Mitova, O. O.** (Ukraine)
- 13<sup>00</sup>–13<sup>10</sup> **Mitova, O. O.** (Ukraine)  
THEORETICAL AND METHODOLOGICAL FUNDAMENTALS OF CONTROL IN TEAM SPORTS GAMES DURING THE PROCESS OF LONG-TERM IMPROVEMENT
- 13<sup>10</sup>–13<sup>20</sup> **Mocrousov, E. S.** (Moldova)  
THEORETICAL AND METHODOLOGICAL FUNDAMENTALS OF TRAINING BY HIGHLY QUALIFIED TABLE TENNIS ATHLETES ON THE BASIS OF OPTIMAL CHOICE OF TRAINING IMPACTS
- 13<sup>20</sup>–13<sup>30</sup> **Driukov, O. V.** (Ukraine)  
STRATEGIC PLANNING OF FENCING DEVELOPMENT IN SPORTS ORGANIZATIONS OF UKRAINE
- 13<sup>30</sup>–13<sup>40</sup> **Verniaiev, O. Yu.** (Ukraine)  
THE RATIO OF LOAD IN TRAINING PROCESS ON THE RESULTS OF COMPETITIONS OF YOUTH TEAM OF UKRAINE IN SPORTS GYMNASTICS
- 13<sup>40</sup>–13<sup>50</sup> **Van Biljon A., Longhurst G., Shaw I., Shaw BS.** (South Africa)  
THE EFFECT OF EXERGAMING IN DEVELOPING FUNDAMENTAL VARIABLES OF SPORTS SKILLS IN YOUTH
- 13<sup>50</sup>–14<sup>00</sup> **Mytko, A. O.** (Ukraine)  
SPECIAL PHYSICAL PREPAREDNESS OF HIGHLY QUALIFIED BILLIARD PLAYERS AS A FACTOR OF INCREASING COMPETITIVE ACTIVITY (BASED ON EXAMPLE OF POOL)
- 14<sup>00</sup>–14<sup>10</sup> **Baidachenko, V. A.** (Ukraine)  
PECULIARITIES OF COMPETITIVE ACTIVITY BY SWORD FENCERS OF THE NATIONAL TEAM OF UKRAINE
- 14<sup>10</sup>–14<sup>20</sup> **Prokopenko, A. O.** (Ukraine)  
SPECIFICS OF MOTOR ASYMMETRY MANIFESTATION IN TENNIS
- 14<sup>20</sup>–14<sup>30</sup> **Mohammed Fahmi Rabin** (Iraq)  
IMPLEMENTATION OF INTENSIVE APPROACH IN PREPARATION OF QUALIFIED ATHLETES FOR COMPETITIONS (ON THE MATERIAL OF TRACK-AND-FIELD ATHLETICS)
- 14<sup>30</sup>–14<sup>40</sup> **Akopov, O. E.** (Ukraine)  
ASSESSMENT OF PHYSICAL PREPAREDNESS LEVEL OF 10-11 YEAR-OLD BOXERS



- 14<sup>40</sup>–14<sup>50</sup> **Haponova, L. Yu.** (Ukraine)  
PROBLEMS AND PROSPECTS OF MOUNTAINBIKE DEVELOPMENT IN UKRAINE
- 14<sup>50</sup>–15<sup>00</sup> **Zadorozhna, O. R.** (Ukraine)  
TACTICS OF THE WORLD'S LEADING ATHLETES PARTICIPATION IN THE SYSTEM OF MARTIAL SPORTS COMPETITIONS (ON THE EXAMPLE OF FENCING AND WRESTLING)
- 15<sup>00</sup>–15<sup>10</sup> **Wang Wei** (China)  
METHODOLOGY OF TECHNICAL SKILLS FORMATION BY QUALIFIED LONG JUMPERS
- 15<sup>10</sup>–15<sup>20</sup> **Discussion of reports**

## MAY 20, 2021

### 10<sup>00</sup>–12<sup>00</sup> MEDICAL AND BIOLOGICAL ASPECTS OF OLYMPIC SPORT. ADVANCED PRACTICES AND INNOVATIONS OF MODERN SPORTS MEDICINE. PHYSICAL THERAPY AND OCCUPATIONAL THERAPY

**Moderators:** **Lazarieva, O. B.** (Ukraine), **Pastukhova, V. A.** (Ukraine), **Futornyj, S. M.** (Ukraine), **Zharova, I. O.** (Ukraine)

- 10<sup>00</sup>–10<sup>10</sup> **Balazh, M. S.** (Ukraine)  
APPLICATION OF TELEMEDICAL TECHNOLOGIES IN CARDIAC REHABILITATION OF PERSONS WITH ISCHEMIC HEART DISEASE
- 10<sup>10</sup>–10<sup>20</sup> **Laishram Santosh Singh** (India)  
BIOLOGICAL ASPECTS OF MODERN SPORT
- 10<sup>20</sup>–10<sup>30</sup> **Tereshchenko, T. O.** (Ukraine)  
ANALYSIS OF NUTRITION AND BODY COMPOSITION OF HIGHLY QUALIFIED FOOTBALL REFEREES
- 10<sup>30</sup>–10<sup>40</sup> **Kropta, R. V.** (Ukraine)  
FUNCTIONAL FACTORS DETERMINING ATHLETE'S ENDURANCE
- 10<sup>40</sup>–10<sup>50</sup> **Hruzevych, I. V.** (Ukraine)  
NUTRITION PECULIARITIES OF FEMALE ATHLETES WHO SPECIALIZE IN ALL-AROUND DURING THEIR PARTICIPATION IN COMPETITIONS
- 10<sup>50</sup>–11<sup>00</sup> **Shestopal, N. O.** (Ukraine)  
PHYSICAL THERAPY OF PERSONS WITH GUNSHOT INJURIES OF THEIR UPPER LIMB
- 11<sup>00</sup>–11<sup>10</sup> **Zhurskyi, A. A.** (Ukraine)  
ASSESSMENT ALGORITHM OF PATIENTS WITH NECK (CERVICAL SPINE) PAIN BY A PHYSICAL THERAPIST
- 11<sup>10</sup>–11<sup>20</sup> **Pavlova, O. O.** (Ukraine)  
INFLUENCE OF ANTHROPOGENIC FACTORS OF THE ENVIRONMENT ON THE FUNCTIONAL STATE OF NATURAL RESISTANCE OF THE YOUNG SWIMMERS' BODY
- 11<sup>20</sup>–11<sup>30</sup> **Utvenko, A. O., Bessmertna, D. V.** (Ukraine)  
SANITARY AND HYGIENIC MONITORING OF RECREATIONAL AND HEALTH, SPORTS AND PHYSICAL ACTIVITY FACILITIES OF KYIV CITY
- 11<sup>30</sup>–11<sup>40</sup> **Sedukin, D. V.** (Ukraine)  
MORPHOLOGICAL AND FUNCTIONAL CHARACTERISTICS OF THE ORGANISM OF ATHLETES SPECIALIZING IN IMPACT TYPES OF MARTIAL ARTS
- 11<sup>40</sup>–11<sup>50</sup> **Sushkova, K. H., Kolomiets, T. V.** (Ukraine)  
CURCUMIN AS AN ECOTROPHOLOGICAL MEANS OF MEDICAL ASSISTANCE OF PERSONS INVOLVED IN PHYSICAL CULTURE AND SPORTS
- 11<sup>50</sup>–12<sup>00</sup> **Bismak, O. V.** (Ukraine)  
MODERN REHABILITATION MEASURES IN RECONSTRUCTION TREATMENT OF PATIENTS WITH TRAUMATIC UPPER LIMBS NEUROPATHIES
- 12<sup>00</sup>–12<sup>10</sup> **Discussion of reports**

### 10<sup>00</sup>–12<sup>00</sup> THEORY AND PRACTICE OF SPORT FOR ALL

**Moderators:** **Dutchak, M. V.** (Ukraine), **Krutsevych, T. Yu.** (Ukraine), **Andrieieva, O. V.** (Ukraine)

- 10<sup>00</sup>–10<sup>10</sup> **Hakman, A. V.** (Ukraine)  
HEALTH AND RECREATIONAL MOTOR ACTIVITY IN IMPROVING THE QUALITY OF LIFE FOR THE ELDERLY

- 10<sup>10</sup>–10<sup>20</sup> **Liyanage E, Chellapillai FMD** (Sri Lanka), **Krasilshchikov O** (Malaysia)  
TOURETTE SYNDROME: EXERCISE FOR OVERWEIGHT
- 10<sup>20</sup>–10<sup>30</sup> **Gouws Chantell** (South Africa)  
CHALLENGES IN PROMOTING PHYSICAL EDUCATION AND SPORT ACTIVITIES IN ZIMBABWEAN  
PRIMARY AND SECONDARY SCHOOL
- 10<sup>30</sup>–10<sup>40</sup> **Bakylo, I. V.** (Ukraine)  
FORMATION OF HEALTHY LIFESTYLE FACTORS AMONG SECONDARY SCHOOL  
CHILDREN
- 10<sup>40</sup>–10<sup>50</sup> **Pidhaina, V. O.** (Ukraine)  
PROGRAMMING OF PHYSICAL EDUCATION AND HEALTH RECREATIONAL CLASSES FOR  
16-17 YEAR BOYS BY MEANS OF AQUATIC RECREATION
- 10<sup>50</sup>–11<sup>00</sup> **Nahorna, A. Yu.** (Ukraine)  
CORRECTION OF MATURE WOMEN'S BODY OVERWEIGHT IN THE PROCESS OF THEIR  
INDEPENDENT PREVENTIVE AND HEALTH RECREATIONAL CLASSES
- 11<sup>00</sup>–11<sup>10</sup> **Mykhalchuk, A. D.** (Ukraine)  
DIFFERENTIATED ASSESSMENT OF PHYSICAL PREPAREDNESS OF JUNIOR SCHOOLCHILDREN,  
RELATED TO DIFFERENT MEDICAL GROUPS, IN THE PROCESS OF THEIR PHYSICAL  
EDUCATION
- 11<sup>10</sup>–11<sup>20</sup> **Cheverda, A. O.** (Ukraine)  
DESIGN OF FITNESS PROGRAM WITH ELEMENTS OF SPORTS DANCES FOR CHILDREN OF SENIOR  
PRESCHOOL AGE
- 11<sup>20</sup>–11<sup>30</sup> **Diedukh, M. O.** (Ukraine)  
GENDER APPROACH TO THE FORMATION OF INDIVIDUAL PHYSICAL CULTURE AMONG STUDENT  
YOUTH IN THE PROCESS OF THEIR PHYSICAL EDUCATION
- 11<sup>30</sup>–11<sup>40</sup> **Matsak, A. I.** (Ukraine)  
EFFICIENCY OF HEALTH AND RECREATIONAL MOTOR ACTIVITY PROGRAM FOR OVERWEIGHT  
WOMEN UNDER CONDITIONS OF QUARANTINE RESTRICTIONS
- 11<sup>40</sup>–11<sup>50</sup> **Zalipa, P. S.** (Ukraine)  
INFLUENCE OF HEALTH AND RECREATIONAL CLASSES ON SOCIAL INTEGRATION OF DISABLED  
PERSONS
- 11<sup>50</sup>–12<sup>00</sup> **Discussion of reports**
- 10<sup>00</sup>–12<sup>00</sup> **FINDINGS OF SCIENTIFIC RESEARCH AND DEVELOPMENT IN THE SPHERE OF PHYSICAL CULTURE  
AND SPORT**
- Moderators: Borysova, O. V.** (Україна), **Kohut, I. O.** (Ukraine), **Marynych, V. L.** (Ukraine)
- 10<sup>00</sup>–10<sup>20</sup> **Shynkaruk, O. A., Yakovenko, O. O., Yukhno, Yu. O.** (Ukraine)  
INFORMATION ENVIRONMENT OF HIGHER EDUCATIONAL INSTITUTION OF PHYSICAL CULTURE  
AND SPORTS
- 10<sup>20</sup>–10<sup>40</sup> **Fedorchuk, S. V.** (Ukraine)  
TECHNOLOGY OF ATHLETE INJURY RISK ASSESSMENT BY PSYCHOPHYSIOLOGICAL  
INDICATORS
- 10<sup>40</sup>–11<sup>00</sup> **Byshevets, N. H., Serhienko, K. M.** (Ukraine)  
ORGANIZATION OF EDUCATIONAL PROCESS BY MEANS OF DISTANCE LEARNING  
TECHNOLOGIES IN THE INFORMATION AND EDUCATIONAL ENVIRONMENT OF HIGHER  
EDUCATIONAL INSTITUTIONS OF PHYSICAL CULTURE AND SPORTS
- 11<sup>00</sup>–11<sup>20</sup> **Tukaiev, S. V.** (Ukraine)  
PECULIARITIES OF ELECTROENCEPHALOGRAM IN SPORTS SKILLS FORMATION FOR TEAM  
SPORTS
- 11<sup>20</sup>–11<sup>40</sup> **Ocheretko, B. Ye.** (Ukraine)  
INFORMATION TECHNOLOGIES IN PRACTICE OF CURRENT CONTROL OF ATHLETES' FUNCTIONAL  
CONDITION (ON THE EXAMPLE OF CYCLING SPORTS)
- 11<sup>40</sup>–12<sup>00</sup> **Discussion of reports**

13<sup>00</sup>–14<sup>00</sup> **PLENARY SESSION**

13<sup>00</sup>–13<sup>20</sup> **Luciano Di Fonzo** (Belgium)  
SPORTS POLICY OF THE EUROPEAN UNION AND THE ERASMUS + PROGRAM

13<sup>20</sup>–13<sup>40</sup> **Bazhenkov, Ye. V.** (Ukraine)  
DIRECTIONS OF REFORMING PHYSICAL CULTURE IN THE «NEW UKRAINIAN SCHOOL»

13<sup>40</sup>–14<sup>00</sup> **Pedan, O. S.** (Ukraine)  
JUNIORZ – PHYSICAL CULTURE OF THE FUTURE

14<sup>00</sup>–14<sup>10</sup> **CONFERENCE CLOSING CEREMONY**



