



MINISTRY
OF EDUCATION
AND SCIENCE
OF UKRAINE



NATIONAL
UNIVERSITY
OF UKRAINE
ON PHYSICAL
EDUCATION AND
SPORT



MINISTRY
OF YOUTH
AND SPORT
OF UKRAINE



UNDER THE PATRONAGE
OF INTERNATIONAL
UNIVERSITY SPORTS
FEDERATION



EUROPEAN UNIVERSITY SPORTS ASSOCIATION
UNDER THE PATRONAGE
OF EUROPEAN UNIVERSITY
SPORTS ASSOCIATION



UNDER THE PATRONAGE
OF INTERNATIONAL COUNCIL
OF SPORT SCIENCE AND
PHYSICAL EDUCATION

VI International Conference

«SUSTAINABILITY AND LEGACY IN SPORT: CHALLENGES AND PERSPECTIVES»



November 16-17, 2022
Kyiv, Ukraine



GREETINGS from the Minister of Education and Science of Ukraine

I would like to greet the participants and guests of the 6th International Conference “Sustainability and Legacy in Sport: Challenges and Perspectives”, which is taking place at the National University of Ukraine on Physical Education and Sport this year.

Taking into account the situation in Ukraine and the current state of affairs caused by the state of war, the event is held online. I am sure that this will not prevent specialists in the field of physical culture and sports from different world countries to exchange opinions and share knowledge regarding modern sports, physical education, health-enhancing movement activity, highlighting a new vision for solving problems that concern a wide range of educators and scientists. The conducted scientific activities will contribute to the development of domestic science

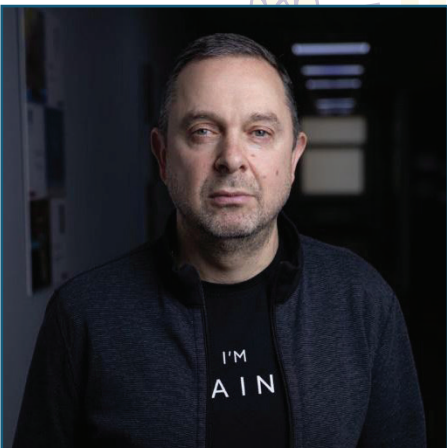
and the system of modern knowledge.

I wish every participant of the international forum to gain invaluable scientific experience, the necessary professional contacts and opportunities to implement the achievements of scientific research both in sports practice and educational activities.

I believe and I know for sure that despite all the current difficulties and limitations, this will in no way affect our thirst and desire for research, scientific development and improvement, which was initiated by this institution. And our scientific traditions will be preserved and develop even more powerfully!

Serhii SHKARLET

A handwritten signature in black ink, appearing to read 'SHKARLET', written over a large, faint watermark of the National University of Ukraine on Physical Education and Sport logo.



GREETINGS from the Minister of Youth and Sport of Ukraine

I would like to sincerely welcome educational, scientific and sports community on the start of the conference, which traditionally takes place at the National University of Ukraine on Physical Education and Sport.

In the conditions of war, sports were largely forced to pause. Ukrainian athletes continue to actively defend the territorial integrity of our state in the ranks of the Armed Forces of Ukraine, on the international sports arena, and in volunteer activities.

I am sure that successful scientific research and the latest developments will contribute to development of physical culture and sports field, the improvement of sports activities, and the strengthening of position of Ukraine at the national and international levels.

In today's situation, sport is interconnected with various social institutions, and therefore there is a need for dialogue with authorities, scientific and educational institutions to jointly search for solutions and innovative developments that would allow Ukraine to become a full member of the European community.

I am proud that in the conditions of the struggle for the freedom of our country, every Ukrainian actively holds their front, both educators and scientists in the conditions of martial law demonstrate their strength and endurance, actively creating opportunities and conditions for the education and formation of an educated and creative young generation of specialists.

I wish all conference participants successful work, generation of innovative ideas, and further research in sports science. Peace to all of Ukraine!

Vadym HUTSAIT

A handwritten signature in blue ink, appearing to read 'HUTSAIT', written over a large, faint watermark of the National University of Ukraine on Physical Education and Sport logo.

GREETING from the President of the National Olympic Committee of Ukraine

Dear organizers and participants of the conference! Please accept my most sincere greetings from the entire Olympic community of Ukraine and from me personally on the occasion of conducting multiple scientific events.

I am sure that successful scientific work will become significant under the conditions of constant search for ways to improve activity in the field of physical culture and sports and will contribute to humanistic education of the growing generation based on the principles of Olympism.

As our soldiers win on the battlefield, as volunteers support and provide reliable defence in the back, so our athletes demonstrate high achievements on the world stage and once again prove that Ukraine has always taken an active part in the development of sports science and education.

I am convinced that the events will allow us to cover various areas of scientific research, to consider a number of topical issues of physical culture and sports, to unite the opinions and views of different generations, and as a result, to form promising ideas, ways and proposals for the further development of the industry.

For its part, the National Olympic Committee of Ukraine continues to pay great attention to and support educational initiatives and social projects aimed at popularizing the Olympic movement and promoting a healthy lifestyle.

I sincerely wish the conference participants fruitful work, enrichment with creative ideas, constructive discussions and inspiration. Peace to all of us!



Serhii BUBKA



GREETINGS from the President of European University Sports Association

On behalf of the European Student Sport Association, I would like to welcome the participants, guests and organisers of VI International Conference "Sustainability and Legacy in Sport: Challenges and Perspectives".

Despite current situation in the country and huge number of problems faced by the state, universities, and the entire scientific and sports community, the organizers, nevertheless, have found an opportunity for this scientific event to take place.

The European Student Sport Association has never stood aside from solving the problems regarding training of highly qualified specialists in various fields, and today we still remain an active participant when dealing with these urgent issues in the field of physical education and sports.

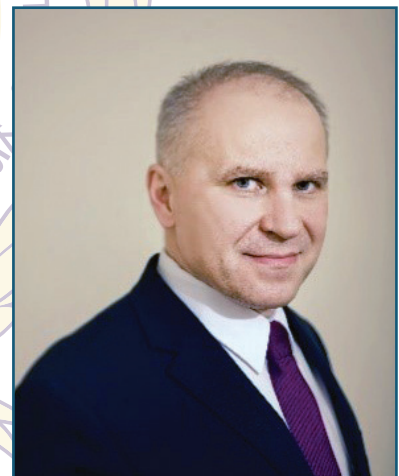
I would like to note that the conference is dedicated to the current issues of sports in the concept of sustainable development of the field of physical culture, education as well as physical culture of children and youth, health and recreational physical activity being a means of ensuring high living standards, the promotion of a healthy lifestyle, current problems of sports medicine.

Such diverse topics are truly aimed at making a contribution to sustainable development, popularizing physical education and sports among students in Europe and the whole world, since the development of the intellectual and creative potential of young people is of crucial importance for the development of the scientific and innovative potential of the state, the development and provision of public welfare, and the future of sports, the potential of a healthy nation; moreover, education of the younger generation depends on the improvement of training methods.

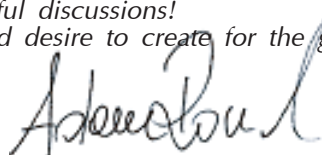
Considering the relevance of the issues planned for discussion during the conference, I am convinced that expert reports, dialogues and discussions will contribute to the development of sports science and further improvement of education.

I sincerely wish all the participants of the forum creative inspiration, successful work, constructive solutions, new achievements and fruitful discussions!

May your work be successful, and desire to create for the good of Ukraine inexhaustible!



Adam ROCZEK





GREETINGS

from the Acting President of International University Sports Federation (FISU)

I would like to greet the participants and guests of the VI International Conference "Sustainability and Legacy in Sport: Challenges and Perspectives".

Sports and physical culture are the main components of sustainable development and important areas of human activity.

The forum contains a variety of current topics, important scientific and practical aspects, namely social, ecological, economic dimensions of sport within the concept of sustainable development.

Modern challenges of sports development, including Olympic sports and Olympic education, contribute to the achievement of the goals of sustainable development, which are currently receiving a lot of attention, and play an important role in the world. Today, sustainable development is impossible without transformation and innovative policy, in which representatives of the educational, scientific and sports community take an active part.

This event is an example of a unique combination of scientific theory, creative approach and search. Undoubtedly, scientific research carried out in the field of physical culture and sports is and will be the basis for successful economic, social, cultural and educational development of Ukraine, and scientific research will contribute to the development of a democratic state, integration and modernization of national higher education and science.

I sincerely wish the participants of the multiple scientific events of the VI International Conference "Sustainability and Legacy in Sport: Challenges and Perspectives" creative effort, implementation of achievements, successful work of the forum and new achievements in scientific and sports activities.

Leonz EDER



GREETINGS

from the President of the National Olympic Committee of Poland

Dear Ukrainians! In such a difficult time for your country, I am glad to welcome all the guests, participants and organizers to the VI International Conference "Sustainability and Legacy in Sport: Challenges and Perspectives".

Ukraine is currently showing considerable resilience in every field of activity, and under the conditions of martial law can boast of numerous cases of success, including those in sports and scientific arenas. Ukrainian Heroes, including athletes, fight for freedom with great dignity and persistence.

The National Olympic Committee of Poland, sports organizations and athletes actively support Ukrainian communities, because sport has the power to change the world and unite people. Today, the principles of Olympism and the rules of fair play make sense not only in sports, but also in everyday life.

In the conditions of pandemic and armed conflicts, education, science and culture are of particular importance for upbringing young generation. Ukrainian society has already got a number of progressive and innovative cases of development; thus, conducting scientific events, despite armed conflicts, will contribute to their further success in this field, since sports is rapidly developing and needs constant improvement.

I wish all the participants to gain their own victories, enjoy constructive dialogues and search for the latest ideas in sports science. Wish you victory and peace!

Andrzej KRAŚNICKI

GREETINGS

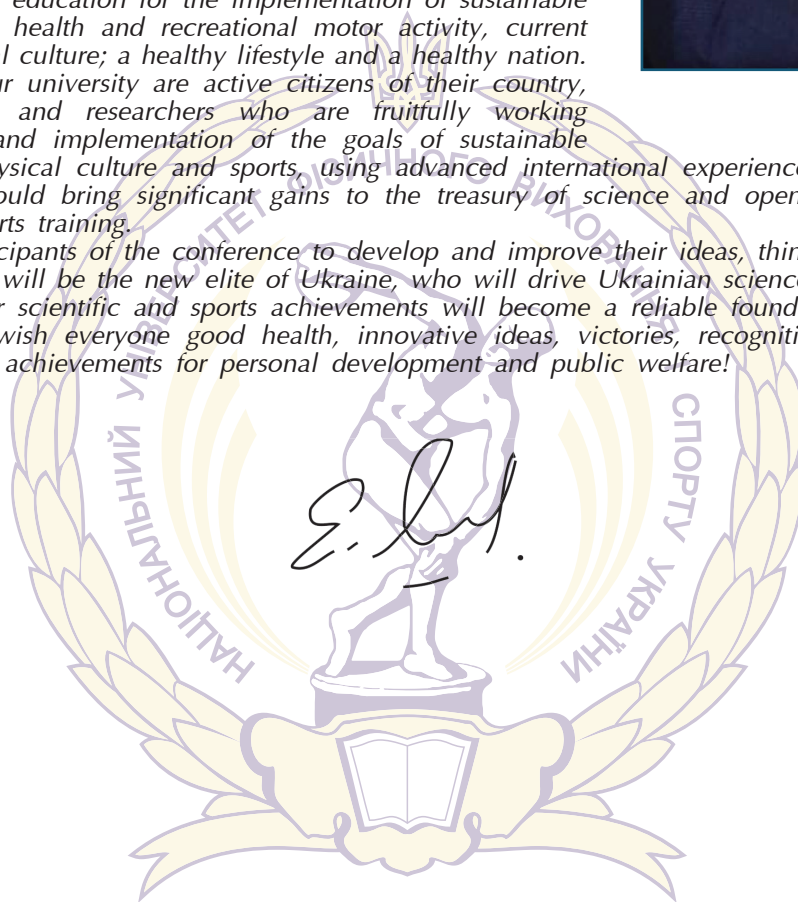
from the Rector of National University of Ukraine on Physical Education and Sport

On behalf of the academic staff of National University of Ukraine on Physical Education and Sport and me personally let me welcome the participants and guests of the VI International Conference “Sustainability and Legacy in Sport: Challenges and Perspectives”, which is annually held at our institution of higher education. It has become a traditional and integral event where new scientific achievements of our field of activity are highlighted.

Unfortunately, this year we are again deprived of the possibility of personal communication at the university due to the martial law in our country. However, we are able to conduct creative and scientific discussions in online format in order to discuss important issues concerning modern aspects and concepts of sustainable development in the field of physical culture and sports; Olympic sports and Olympic education for the implementation of sustainable development goals; health and recreational motor activity, current problems of physical culture; a healthy lifestyle and a healthy nation.

Scientists of our university are active citizens of their country, creative specialists and researchers who are fruitfully working on the formation and implementation of the goals of sustainable development in physical culture and sports, using advanced international experience and applying it in Ukraine, which should bring significant gains to the treasury of science and open new ways of their implementation sports training.

I wish all participants of the conference to develop and improve their ideas, think globally and strive for leadership. You will be the new elite of Ukraine, who will drive Ukrainian science, sports and society. I am sure that your scientific and sports achievements will become a reliable foundation for the success of our country. I wish everyone good health, innovative ideas, victories, recognition of achievements, inspiration for new achievements for personal development and public welfare!



Yevgeniy IMAS

NOVEMBER 16

- 10⁰⁰–10³⁰ **OFFICIAL OPENING CEREMONY. OFFICIAL GREETINGS**
- 10³⁰–12⁰⁰ **PLENARY SESSION**
- 10³⁰–11⁰⁰ **Yevgeniy Imas, Olha Borysova** (Ukraine)
CYBERSPORT AS A FUNDAMENTAL ELEMENT OF MODERN DIGITAL CULTURE IN A GLOBALIZED WORLD
- 11⁰⁰–11³⁰ **Olena Tuross** (Ukraine)
HYGIENIC ASPECTS OF SUSTAINABLE DEVELOPMENT OF UKRAINE

13⁰⁰–17⁰⁰ **PLENARY SESSIONS IN
SOCIAL, ECOLOGICAL, ECONOMIC, ORGANIZATIONAL DIMENSIONS OF SPORT
IN THE CONCEPT OF SUSTAINABLE DEVELOPMENT**

Moderators: *Yevgeniy Imas* (Ukraine), *Olha Borysova* (Ukraine), *Serhii Futornyj* (Ukraine)

- 13⁰⁰–13¹⁵ **Yevgeniy Imas** (Ukraine), **Olha Borysova** (Ukraine)
SPORTS AND ENVIRONMENT: STRATEGIC VECTORS OF THE NATIONAL OLYMPIC COMMITTEE OF UKRAINE WORK
- 13¹⁵–13³⁰ **Ben Gittus** (Scotland, United Kingdom)
CHANGING REALITIES AND TENDENCIES OF THE GOLF LABOUR MARKET AND EDUCATION REQUIREMENTS
- 13³⁰–13⁴⁵ **Oleksandr Krasilshchikov** (Malaysia, India)
DETAILING ON MALE VS FEMALE CONTRIBUTIONS IN HIGH-PERFORMANCE SPORTS: CURRENT CHALLENGES & ISSUES
- 13⁴⁵–14⁰⁰ **Oksana Shynkaruk** (Ukraine)
CYBERSPORT AS AN ELEMENT OF CULTURE AND EDUCATION DIGITALIZATION
- 14⁰⁰–14¹⁵ **Oksana Osadcha, Serhii Futornyj** (Ukraine)
ROLE OF OXIDANT STRESS IN THE DEVELOPMENT OF ENDOTHELIAL DYSFUNCTION AMONG ATHLETES TRAINING IN AN AGGRESSIVE ANTHROPOGENIC ENVIRONMENT
- 14¹⁵–14³⁰ **Olena Maslova** (Ukraine)
ENDOECOLOGICAL INDICATORS OF SCHOOLCHILDREN'S ORGANISM FUNCTIONING IN CURRENT CONDITIONS OF DISTANCE LEARNING
- 14³⁰–14⁴⁵ **Yaroslav Pershehuba** (Ukraine)
ENVIRONMENTAL DETERMINANTS OF HEALTH
- 14⁴⁵–15⁰⁰ **Lorenzetti Silvio** (Switzerland), **Nagorna Viktoriia** (Ukraine, Switzerland)
THE GENDER-SPECIFIC ISSUES IN FEMALE ELITE SPORTS: LITERATURE REVIEW AND EXPERT'S SURVEY
- 15⁰⁰–15¹⁵ **Viktor Kostiukevych** (Ukraine)
OPERATIONAL PLANNING OF TRAINING PROCESS FOR ATHLETES: ORGANIZATIONAL AND METHODOLOGICAL ASPECT
- 15¹⁵–15³⁰ **Guo Pengcheng** (China), **Andrii Diachenko** (Ukraine), **Kong Xianglin** (China)
SCIENTIFIC AND METHODOLOGICAL ASSISTANCE OF HIGHLY QUALIFIED ATHLETES IN WATER SPORTS UNDER CONDITIONS OF SPORTS SUSTAINABLE DEVELOPMENT IN CHINA

Discussion Panel

- 15³⁰–16⁴⁵ **Adam Roczek** (Poland)
ORGANIZATION OF STUDENT EUROPEAN GAMES: EXPERIENCE AND CHALLENGES
- Roman Rastvortsev, Olha Borysova** (Ukraine)
GOLF AS A SPORTS AND COMMERCIAL ACTIVITY
- Dmytro Ratnikov** (Ukraine)
SPORTS INFRASTRUCTURE OF DESNIANSKYI DISTRICT OF KYIV CITY: PECULIARITIES OF FUNCTIONING UNDER MARTIAL LAW
- Iryna Kohut, Viktoriia Marynych** (Ukraine)
INCLUSIVENESS IN THE DISCOURSES OF EDUCATION AND PHYSICAL CULTURE AND SPORTS: NATIONAL DIMENSION

Yurii Briskin, Neinila Neroda (Ukraine)
SOCIAL PRACTICES OF MODERN SPORTS

Tetiana Kropyvnytska (Ukraine)
CURRENT FOREIGN EXPERIENCE OF NON-OLYMPIC SPORTS FUNCTIONING (ON THE EXAMPLE OF GERMANY)

Yurii Briskin, Khrystyna Khimenes (Ukraine)
EVOLUTION OF COMPETITION SYSTEM IN PROFESSIONAL GOLF

Hennadiy Petrenko (Ukraine)
ORGANIZATIONAL ASPECTS OF SPORTS TRAINING OF TENNIS PLAYERS IN SPAIN

Olha Zadorozhna (Ukraine)
MODERN TRENDS IN CHANGES TO COMPETITION RULES AND THEIR IMPACT ON TACTICS OF PARTICIPATION IN OLYMPIC CYCLE COMPETITIONS BY THE WORLD'S LEADING MARTIAL ARTS ATHLETES

PHYSICAL CULTURE SPORTS AND OF CHILDREN AND YOUTH AS COMPONENTS OF SUSTAINABLE DEVELOPMENT CONCEPT

Moderators: Myroslav Dutchak (Ukraine), **Tetiana Krutsevych** (Ukraine), **Olena Andrieieva** (Ukraine)

13⁰⁰–13¹⁵ **Tetiana Krutsevych, Nataliia Panhelova, Nataliia Moskalenko, Roman Pidleteichuk** (Ukraine)
CONCEPTUAL APPROACHES TO IMPROVING PHYSICAL EDUCATION IN EDUCATIONAL INSTITUTIONS UNDER TODAY'S CONDITIONS

13¹⁵–13³⁰ **Myroslav Dutchak, Halyna Putiatyna** (Ukraine)
INSTITUTIONAL CHARACTERISTICS OF EMPLOYMENT SYSTEM FUNCTIONING IN THE FIELD OF ACTIVE RECREATION IN THE EUROPEAN UNION

13³⁰–13⁴⁵ **Esther Liyanage, Chamoda Jayasinghe** (Sri Lanka), **Oleksandr Krasilshchikov** (Malaysia)
IMMEDIATE EFFECTS OF STATIC STRETCHING AND POST ISOMETRIC RELAXATION ON HAMSTRING FLEXIBILITY AMONG SEDENTARY YOUNG ADULTS: A PILOT STUDY

13⁴⁵–14⁰⁰ **Serhii Trachuk, Tetiana Krutsevych, Inna Mamedova** (Ukraine)
IMPLEMENTATION OF VARIABLE COMPONENT DURING PHYSICAL EDUCATION LESSONS IN EDUCATIONAL ENVIRONMENT OF URBAN AND RURAL SCHOOLS

14⁰⁰–14¹⁵ **Oksana Marchenko** (Ukraine), **Xie Zhimin** (China)
CURRENT TRENDS IN ASSESSING PHYSICAL FITNESS LEVEL OF STUDENT YOUTH IN UKRAINE AND CHINA

14¹⁵–14³⁰ **Anastasiia Nahorna** (Ukraine, Switzerland)
BIOMECHANICAL RISKS OF OBESITY: PRESENTATION OF A PILOT STUDY

14³⁰–14⁴⁵ **Luibov Chekhovska, Olha Zhdanova** (Ukraine)
CURRENT STATE AND PROSPECTS FOR THE DEVELOPMENT OF GLOBAL FITNESS INDUSTRY

14⁴⁵–15⁰⁰ **Svitlana Drozdovska** (Ukraine, Switzerland), **Valentyna Gineviciene** (Lithuania)
MANAGEMENT OF OVERWEIGHT AND OBESE CLIENTS: GLOBAL EXPERIENCE

15⁰⁰–15¹⁵ **Svitlana Hozak, Tetiana Stankevych** (Ukraine)
RECOMMENDATIONS ON ORGANIZATION OF HEALTH-RECREATIONAL PHYSICAL ACTIVITY FOR CHILDREN OF PRIMARY SCHOOL AGE: NATIONAL AND GLOBAL EXPERIENCE

15¹⁵–15³⁰ **Marharyta Kadiieva** (Netherlands)
HEALTH AND RECREATION PHYSICAL ACTIVITY OF CHILDREN WITH EMOTIONAL-VOLITIONAL DISORDERS

15³⁰–15⁴⁵ **Anna Hakman, Anna Volosiuk** (Ukraine)
PECULIARITIES OF PHYSICAL AND EMOTIONAL STATE OF INTERNALLY DISPLACED PERSONS

15⁴⁵–16⁰⁰ **Mariia Palchuk** (Ukraine), **Shi Yanjie** (China)
EDUTAINMENT TECHNOLOGY AS AN INNOVATIVE MEANS OF ORGANIZING LEISURE ACTIVITIES OF CHINESE TEENAGERS

16⁰⁰–16¹⁵ **Khrystyna Repelevska** (Poland)
PECULIARITIES OF PHYSICAL FITNESS OF POLISH SCHOOLCHILDREN

Discussion Panel

16¹⁵–16⁴⁵ **Olena Andrieieva, Dmytro Maltsev** (Ukraine)
SOCIAL AND PSYCHOLOGICAL PRINCIPLES OF FAMILY LEISURE BY MEANS OF HEALTH AND RECREATION TECHNOLOGIES

Maryna Hres (Ukraine)

PROFESSIONAL AND APPLIED PHYSICAL TRAINING OF PROSPECTIVE LAW ENFORCEMENT SPECIALISTS BY MEANS OF HEALTH FITNESS ACTIVITY

Alina Maksymenko (Ukraine)

CURRENT HEALTH TRENDS AND PROBLEMS OF BODY WEIGHT DEFICIT IN ADOLESCENCE

Oleksandra Blahii, Kseniia Levinska (Ukraine)

PROGRAMS OF HEALTH AND RECREATIONAL MOTOR ACTIVITY AS PREVENTION OF CARDIOVASCULAR DISEASES DEVELOPMENT AMONG MEN OF MATURE AGE

Svitlana Bobrenko (Ukraine)

HEALTH AND RECREATIONAL MOTOR ACTIVITY AND IMPROVEMENT OF PHYSICAL FITNESS INDICATORS OF CYBER-ATHLETES

CURRENT CHALLENGES OF SPORTS AND EDUCATION DEVELOPMENT AND ACHIEVING GOALS OF SUSTAINABLE DEVELOPMENT

Moderators: *Lidiia Radchenko* (Ukraine), *Olena Kozlova* (Ukraine), *Heorhii Korobeinikov* (Ukraine)

13⁰⁰–13¹⁵ **Mariia Bulatova** (Ukraine)

OLYMPIC MOVEMENT: HISTORY AND MODERNITY (TEXTBOOK PRESENTATION)

13¹⁵–13³⁰ **Lidiia Radchenko** (Ukraine)

THE CULTURAL AND EDUCATIONAL COMPONENT OF THE OLYMPIC MOVEMENT IN THE SYSTEM OF FORMING THE HUMANITARIAN CULTURE OF STUDENTS OF THE EDUCATIONAL AND SCIENTIFIC OLYMPIC INSTITUTE OF NUUPES,

13³⁰–13⁴⁵ **Heorhii Korobeinikov** (Ukraine, Germany)

STUDY OF PSYCHOPHYSIOLOGICAL STATE OF ELITE WRESTLERS OF UKRAINE AND CROATIA

13⁴⁵–14⁰⁰ **Lidiia Zavaddska** (Ukraine)

UKRAINIAN ATHLETES ABOUT RUSSIA'S AGGRESSION IN UKRAINE

14⁰⁰–14¹⁵ **Olena Mitova** (Ukraine)

SYNERGISTIC APPROACH IN MONITORING BASKETBALL PLAYERS' FITNESS

14¹⁵–14³⁰ **Larysa Taran** (Ukraine)

GENDER EQUALITY IN SPORTS IN THE CONTEXT OF SUSTAINABLE DEVELOPMENT OF THE OLYMPIC MOVEMENT

14³⁰–14⁴⁵ **Andrii Ohnystyi** (Ukraine)

OLYMPISM AND CHANGE OF ITS VALUES UNDER THE INFLUENCE OF TIME AS A COMPONENT OF SUSTAINABLE DEVELOPMENT

14⁴⁵–15⁰⁰ **Olha Kovaldina** (Ukraine)

EVOLUTIONARY PROGRESS OF OLYMPIC SPORTS: EXPERIENCE OF THE NATIONAL UNIVERSITY OF SHIPBUILDING NAMED AFTER ADMIRAL MAKAROV

15⁰⁰–15¹⁵ **Sam Noshadha** (Ukraine, Switzerland)

SPORT SANCTIONS IN WAR SITUATIONS UNDER INTERNATIONAL LAW

15¹⁵–15³⁰ **Oleksii Liakh-Porodko** (Ukraine)

TWO SIDES OF THE OLYMPIC MEDAL: MUNICH-72

15³⁰–15⁴⁵ **Zhanna Sotnyk** (Ukraine)

CONDITIONS FOR THE FORMATION OF OLYMPIC VALUES IN THE SYSTEM OF HUMANITARIAN EDUCATION OF SCHOOLCHILDREN

15⁴⁵–16⁰⁰ **Mykola Bozhyk** (Ukraine)

HISTORICAL ASPECTS OF WINTER OLYMPIC SPORTS DEVELOPMENT IN KREMENETS DISTRICT

16⁰⁰–16¹⁵ **Alina Ulan, Ruslan Kos** (Ukraine)

REFLECTING THE TREND TOWARDS REJUVENATION OF WORLD FOOTBALL IN CHAMPIONSHIPS OF VARIOUS COUNTRIES

Discussion Panel

16¹⁵–16⁴⁵ **Iryna Krol, Valentyna Yermolova** (Ukraine)

STEM-EDUCATION AS A FORM OF OLYMPIC EDUCATION FOR SUSTAINABLE DEVELOPMENT OF SOCIETY

Yakiv Shcherbashyn (Ukraine)

OLYMPIC EDUCATION IN THE SYSTEM OF HUMANISTIC VALUES FORMATION AMONG YOUNGER GENERATION

Vadym Kostiuhenko (Ukraine)

TECHNOCRATIC AND HUMANISTIC EDUCATION IN THE SYSTEM OF FOOTBALL PLAYERS' TRAINING

Nataliia Lymarenko (Ukraine)
OLYMPIC EDUCATION IN THE SYSTEM OF PRESCHOOL EDUCATION INSTITUTIONS ACTIVITY

Iryna Syvash (Ukraine)
CHARACTERISTICS OF RATIONAL NUTRITION IN ARTISTIC GYMNASTICS

NOVEMBER 17

10⁰⁰–16⁰⁰ SATELLITE EVENTS

XVIII INTERNATIONAL CONFERENCE «CURRENT ISSUES OF SPORTS MEDICINE» SPORTS MEDICINE. PUBLIC HEALTH

Moderators: Larysa Shakhlina (Ukraine), **Wolfgang Bock** (Germany), **Zhanar Andasova** (Kazakhstan)

10⁰⁰–10²⁰ **Wolfgang Bock** (Germany)

SEASONAL CHALLENGES IN COVID-19 PANDEMIC CONDITIONS IN EUROPEAN REGION
(ON THE EXAMPLE OF GERMANY AND POLAND)

10²⁰–10⁴⁰ **Dragan Radovanovych** (Serbia)

SPECIAL NEUROMUSCULAR WARM-UP PROTOCOL TO REDUCE INJURY RISK IN BASKETBALL

10⁴⁰–11⁰⁰ **Zhanar Andasova** (Kazakhstan)

IMPROVING THE SYSTEM OF MEDICAL SUPPORT FOR PHYSICAL CULTURE AND SPORTS
IN KAZAKHSTAN

11⁰⁰–11²⁰ **Larysa Shakhlina** (Ukraine)

CURRENT PROBLEMS OF SPORTS MEDICINE IN MODERN FEMALE SPORTS

11²⁰–11⁴⁰ **Oleh Nehanevych, Volodymyr Sekretnyi** (Ukraine)

MILD TRAUMATIC BRAIN INJURIES IN SPORTS: PROBLEMS OF MANAGEMENT AND PREDICTION
OF CONSEQUENCES

11⁴⁰–12⁰⁰ **Olha Yushkovska** (Ukraine)

NORDIC WALKING: SPORT, FITNESS OR PHYSICAL REHABILITATION

12⁰⁰–12²⁰ **Tetiana Skochko** (Ukraine)

HEALTH PROMOTION – MODERN DIRECTION OF MEDICAL AND PREVENTIVE SUPPORT FOR THE
PEOPLE OF UKRAINE

12²⁰–12⁴⁰ **Tetiana Tereshchenko** (Ukraine)

RISK OF DEVELOPING REFEEDING SYNDROME IN ATHLETES WHILE PRACTICING MODERN SPORTS

Discussion Panel

12⁴⁰–13³⁰ **Anatolii Landyr** (Estonia)

ACUTE IMMUNE RESPONSE TO OXIDATIVE STRESS CAUSED BY PHYSICAL OVERLOAD

Olena Maslova, Maksym Hopei (Ukraine)

THEORETICAL AND METHODOLOGICAL ASPECTS OF HEALTH FORMATION IN THE PRACTICE
OF PHYSICAL EDUCATION OF CHILDREN WITH HEARING IMPAIRMENT

Maryna Chystiakova (Ukraine)

IMPLEMENTATION OF FUNCTIONAL BODY POTENTIAL OF HIGHLY QUALIFIED FEMALE ATHLETES
SPECIALIZING IN JUDO

Oksana Osadcha, Serhii Futorny (Ukraine)

INFLUENCE OF OXIDANT STRESS ON STATE OF IMMUNOLOGICAL REACTIVITY IN YOUNG
ATHLETES-SWIMMERS

Olena Shmatova (Ukraine)

SECRETORY CAPACITY OF MUCOUS MEMBRANES OF DIGESTIVE SYSTEM IN ATHLETES UNDER
INFLUENCE OF HEAVY PHYSICAL EXERTION

XV INTERNATIONAL CONFERENCE OF YOUNG SCIENTISTS «YOUTH AND THE OLYMPIC MOVEMENT»

Moderators: Olha Borysova (Ukraine), **Iryna Kohut** (Ukraine), **Viktoriiia Marynych** (Ukraine)

10⁰⁰–10¹⁵ **Anna Hakman** (Ukraine)

KEY FUNCTIONS AND TASKS OF SCIENTIST'S SUPPORT OFFICE

10¹⁵–10³⁰ **Vitalii Lavrov** (Ukraine)

CURRENT STATE OF ACTIVITIES IN DIGITAL TRANSFORMATION OF THE MINISTRY
OF YOUTH AND SPORTS OF UKRAINE

- 10³⁰–10⁴⁵ **Oleksandr Brykul'skyi, Alina Shukh, Ivan Danyliuk** (Ukraine)
DEVELOPMENT OF CLUB SYSTEM IN UKRAINE: PRESENT STATE AND PROSPECTS
- 10⁴⁵–10⁵⁵ **Olha Chernikova** (Ukraine)
ROLE OF ACTIVE OXYGEN FORMS IN REDUCING FUNCTIONAL ACTIVITY OF CELLS
ANTIMICROBIAL RESISTANCE IN YOUNG SWIMMERS
- 10⁵⁵–11⁰⁵ **Yelyzaveta Shytikova** (Ukraine)
ORGANIZATIONAL AND METHODOLOGICAL PRINCIPLES OF INCLUSIVE ENVIRONMENT
CREATION IN SPORTS AND TECHNICAL COMMUNITIES (BASED ON MATERIAL OF MODEL SHIP
SPORTS)
- 11⁰⁵–11¹⁵ **Katja Oberhofer** (Switzerland), **Basil Achermann** (Switzerland), **Mytko Artur** (Ukraine, Switzerland)
DIGITAL TECHNOLOGIES FOR MONITORING STRENGTH TRAINING EFFICIENCY: CURRENT
DEVELOPMENTS
- 11¹⁵–11²⁵ **Olena Krykun** (Ukraine)
PROBLEMS AND DIRECTIONS OF PSYCHOLOGICAL SUPPORT OF TRAINING ATHLETES
IN CHEERLEADING
- 11²⁵–11³⁵ **Ruslan Kos** (Ukraine)
AGE PATTERNS OF SPORTS CAREER OF GOALKEEPERS IN FOOTBALL
- 11³⁵–11⁴⁵ **Zhad Jie** (China)
ASPECTS OF METHODOLOGICAL TECHNIQUES USE FOR MUSCLE LOADING OF ATHLETES
IN BODYBUILDING
- 11⁴⁵–11⁵⁵ **Serhii Popov** (Ukraine)
SPECIFIC MEANS OF TRAINING IN ANNUAL MACROCYCLE OF ULTRAMARATHONERS
SPECIALIZING IN RUNNING AT A 100 KM DISTANCE
- 11⁵⁵–12⁰⁵ **Olha Hanaha** (Ukraine)
CHARACTERISTICS OF AN CYBER SPORTSMEN COGNITIVE SPHERE
- 12⁰⁵–12¹⁵ **Denys Babenko** (Ukraine)
RULES FOR REGULATING FINANCIAL STABILITY IN MODERN PROFESSIONAL FOOTBALL
- 12¹⁵–12²⁵ **Yuliia Luts** (Ukraine)
CORRELATION BETWEEN HEART RATE AND BODY COMPOSITION OF ENDURANCE ATHLETES
- Discussion Panel**
- 12²⁵–13⁰⁰ **Damian Bazyl'uk** (Ukraine)
IMPLEMENTATION GENDER APPROACH IN PHYSICAL EDUCATION OF STUDENT YOUTH
- Anastasiia Ponomarenko** (Ukraine)
FACTORS AFFECTING DEVELOPMENT OF WAKEBOARDING IN UKRAINE
- Stanislav Konnov** (Ukraine)
TRAINING OF HIGHLY QUALIFIED FIELD HOCKEY PLAYERS IN COMPETITIVE PERIOD
OF MACROCYCLE BASED ON PROGRAMMING METHODS
- Rioman Nakonechnyi** (Ukraine)
TACTICAL TRAINING OF FOOTBALL PLAYERS AGED 11-12 YEARS BY MEANS OF INTERACTIVE
TASKS
- Illia Zavoiskyi** (Ukraine)
ESPORTS IN THE SYSTEM OF SOCIAL SPORTS PRACTICES

XV INTERNATIONAL STUDENT SCIENTIFIC CONFERENCE «SPORTS AND MODERN SOCIETY»

Moderators: *Viktoriia Nahorna* (Ukraine), *Olha Rusanova* (Ukraine), *Kyryl Krasnianskyi* (Ukraine)

- 10⁰⁰–10¹⁰ **Valeriia Kolesnyk** (Ukraine)
MANAGEMENT AND ADMINISTRATION IN THE SYSTEM OF ATHLETES' BALANCED NUTRITION
- 10¹⁰–10²⁰ **Maksym Yurchenko** (Ukraine)
PECULIARITIES OF PERSONNEL MANAGEMENT TECHNOLOGY IN A PHYSICAL CULTURE
AND SPORTS ORGANIZATION
- 10²⁰–10³⁰ **Viktoriia Zhukovska** (Ukraine)
SHOOTING TRAINING OF BIATHLETES IN INDIVIDUAL AND SPRINT RACES AT THE STAGE OF
MAXIMUM IMPLEMENTATION OF INDIVIDUAL CAPABILITIES
- 10³⁰–10⁴⁰ **Oleksii Lomaka** (Ukraine)
CANOEPOLO AS A NEW SPORT WITHIN SUSTAINABLE DEVELOPMENT OF UKRAINE

10⁴⁰–10⁵⁰ **Aliona Pylypenko** (Ukraine)
MORPHOBIOMECHANICAL FEATURES OF 8-10 YEAR OLD CHILDREN ENGAGED IN SPORTS AND BALLROOM DANCING

10⁵⁰–11⁰⁰ **Dmytro Sherstniiov** (Ukraine)
PECULIARITIES OF PSYCHOLOGICAL PREPARATION OF ATHLETES DURING TRAINING ACTIVITIES (ON THE EXAMPLE OF AIKIDO AND JIU-JITSU)

11⁰⁰–11¹⁰ **Sofiia Tverdokhlib** (Ukraine)
MOTIVATION OF FEMALE ATHLETES AT THE STAGE OF INITIAL PREPARATION FOR RHYTHMIC GYMNASTICS CLASSES

11¹⁰–11²⁰ **Sofiia Bilyk** (Ukraine)
INFLUENCE OF SPORTS DANCES ON PSYCHOLOGICAL AND PHYSICAL STATE OF VISUALLY IMPAIRED PEOPLE

11²⁰–11³⁰ **Kateryna Bukalova** (Ukraine)
PLANNING PHYSICAL TRAINING OF FOOTBALL PLAYERS AT VARIOUS STAGES OF LONG-TERM TRAINING

11³⁰–11⁴⁰ **Myroslav Bortnyk** (Ukraine)
COMPETITION AND COMPETITIVE ACTIVITY IN CYBER SPORT

11⁴⁰–11⁵⁰ **Artem Prokopchuk** (Ukraine)
TACTICAL TRAINING OF AN CYBER SPORTSMEN

11⁵⁰–12⁰⁰ **Kateryna Romanova** (Ukraine)
DEVELOPMENT OF ACROBATIC ROCK AND ROLL IN UKRAINE DURING THE YEARS OF INDEPENDENCE

Discussion Panel

12⁰⁰–13⁰⁰ **Anna Postova** (Ukraine)
FUNDAMENTALS OF SUSTAINABLE DEVELOPMENT STRATEGY IN SPORTS ORGANIZATIONS

Yana Shchur (Ukraine)
SPORTS AND VOLUNTEERING DURING THE WAR

Andrii Dovhaniuk (Ukraine)
METHODS OF DETERMINING INTENSITY ZONES IN CYCLING

Pavlo Haponov (Ukraine)
CORRELATION OF ANTHROPOMETRIC MALE INDICATORS IN THE K-1 BOAT CLASS AND SPORTS RESULTS AT A 500 M DISTANCE IN KAYAKING AND CANOEING

Valeriia Sushchenko (Ukraine)
FATIGUE AND RECOVERY DURING LOADING OF DIFFERENT PREDOMINANT DIRECTION

Snizhana Khrystenko (Ukraine)
TECHNICAL TRAINING OF QUALIFIED HIGH JUMPERS IN ANNUAL TRAINING CYCLE AT THE STAGE OF PREPARATION FOR HIGHER ACHIEVEMENTS

Andrii Stoian (Ukraine)
MODEL CHARACTERISTICS OF COMPETITIVE ACTIVITY AMONG HIGHLY QUALIFIED ATHLETES IN COMBAT SAMBO

Oleksandr Radchenko (Ukraine)
PECULIARITIES OF PHYSICAL QUALITIES DEVELOPMENT AMONG QUALIFIED BOXERS

Yuliia Federko (Ukraine)
SELECTION AND ORIENTATION OF FEMALE ATHLETES IN GROUP EXERCISES AT THE STAGE OF SPECIALIZED BASIC TRAINING IN RHYTHMIC GYMNASTICS

Viktoriiia Kizenko (Ukraine)
SELECTION OF FEMALE ATHLETES FOR GROUP EXERCISES TAKING INTO ACCOUNT THEIR PSYCHOPHYSIOLOGICAL CHARACTERISTICS IN RHYTHMIC GYMNASTICS

Anton Lunhor (Ukraine)
ANALYSIS OF PERFORMANCE RESULTS OF UKRAINIAN BADMINTON PLAYERS DURING MARITAL LAW TIME

Anastasiia Yepifantseva (Ukraine)
INJURY PREVENTION IN TABLE TENNIS

Maryna Sventytska (Ukraine)
TYPOLOGICAL FEATURES OF QUALIFIED BASKETBALL PLAYERS THAT DETERMINE THE EFFECTIVENESS OF GAME ACTIVITY

Shan Lu (China)
PHYSICAL EDUCATION IN CHINESE SCHOOLS

Oleksandra Chornohorets (Ukraine)
EARLY ORIENTATION OF YOUNGER CHILDREN FOR SPORTS

CURRENT CHALLENGES OF TRAINING CHOREOGRAPHERS IN HIGHER EDUCATIONAL INSTITUTIONS

Moderators: *Ihor Soronovych* (Ukraine), *Valentyna Sosina* (Ukraine)

- 13⁰⁰–13¹⁵ **Etibar Mamedov** (Azerbaijan)
CHOREOGRAPHY IN THE HIGHER EDUCATION SYSTEM OF AZERBAIJAN. AZERBAIJAN FOLK DANCES AT THE MODERN STAGE
- 13¹⁵–13³⁰ **Brigitt Mayer** (Canada)
«BALLROOM ICONS» PRESENTATION OF BOOK BRIGITT MAYER
- 13³⁰–13⁴⁵ **Valentyna Sosina** (Ukraine)
PECULIAR FEATURES OF FLEXIBILITY DEVELOPMENT IN CHOREOGRAPHY TO PREVENT INJURIES OF MUSCULOSKELETAL SYSTEM
- 13⁴⁵–14⁰⁰ **Oleksandr Plakhotniuk** (Ukraine)
RUSSIFICATION OF UKRAINIAN CHOREOGRAPHIC ART: PROBLEMS AND SOLUTIONS
- 14⁰⁰–14¹⁵ **Liudmyla Androshchuk** (Ukraine)
PECULIARITIES OF PROSPECTIVE CHOREOGRAPHERS' TRAINING AT BORIS GRINCHENKO KYIV UNIVERSITY
- 14¹⁵–14³⁰ **Liliia Kozynko** (Ukraine)
FUNDAMENTALS OF CONFLICTOLOGY IN THE PROCESS OF PROFESSIONAL TRAINING OF CHOREOGRAPHER STUDENTS IN INSTITUTIONS OF HIGHER EDUCATION
- 14³⁰–14⁴⁵ **Olha Verkhovenko** (Ukraine)
TRENDS IN THE DEVELOPMENT OF DANCE THEATERS IN UKRAINE SINCE THE BEGINNING OF THE 21ST CENTURY (ON THE EXAMPLE OF «POTOKY» THEATER-SCHOOL OF DANCE IN DNIPRO)
- 14⁴⁵–15⁰⁰ **Liudmyla Hladka** (Ukraine)
MUSICAL COMPETENCE OF STUDENT CHOREOGRAPHERS: FROM MUSIC THEORY TO ANALYSIS OF MUSICAL WORKS
- 15⁰⁰–15¹⁵ **Valeriia Tsudzhi** (Ukraine)
ENVIRONMENTAL ASPECTS OF TRAINERS' WORK IN JAPAN
- 15¹⁵–15³⁰ **Yuliia Bezpalko** (Ukraine)
FORMATION OF PERFORMANCE SKILLS IN BALLET VARIATION ON THE EXAMPLE OF PERFORMING AND TEACHING DEMI PLIE TECHNIQUE IN CLASSICAL DANCE

